

TWC 2023 Program Layout

Time	Program	Topic	Type	Taken?	Location	Leader (s)
Friday 4:45 - 5:30 PM	Recovery	Welcome to Sunlight of the Spirit TWC 2023	D	Yes	Michigan	
Friday 6:00 - 6:45 PM	Recovery	Ice Breaker: Come and Mingle: TWC 2023	A	NA	Michigan	
Saturday 8:00 - 8:45 AM	Recovery	Early Risers Morning Meditation	A	Yes	Michigan	
Saturday 9:00 -10:15 AM	Recovery	We Agnostics - Big Book Chapter 4	D		Salon A	
	AA **	Sunlight of the Spirit - Big Book Page 66	D		Salon B	
	Al-Anon	Back to Basics in Al-Anon	D		Salon C	
	NA	Don't Quit 5 Minutes Before the Miracle Happens	D	Yes	Salon D	
	Recovery	Step 11 - Using Prayer and Meditation	D		Michigan	
Saturday 10:30 - 11:45 AM	Recovery	Using the 12 Steps to Heal Trauma	D	Yes	Salon A	
	AA **	Think About What You Are Thinking About	D	Yes	Salon B	
	Al-Anon	How to Lovingly Detach	D		Salon C	
	SAA	From Chaos to Serenity	D		Salon D	
	Recovery	BIPOCQT's (Black, Indigenous, People Of Color, Queer, Trans)	D	Yes	Michigan	
Saturday 1:15 - 2:30 PM	Recovery **	Working the Program - Into Action - Big Book Chapter 6	D		Salon A	
	AA	Recovery After Relapse	D		Salon B	
	Al-Anon	Acceptance in Al-Anon - Big Book Page 417	D		Salon C	
	CODA	Property Lines / Boundaries	D		Salon D	
	Recovery	Finding the Tools to Move Resentment to Forgiveness	D	Yes	Michigan	
Saturday 2:45 - 4:00 PM	Recovery	Spiritual Awakening - We See Things Differently - Big Book Appendix 2	D		Salon A	
	AA **	Sponsorship Opportunities	D		Salon B	
	Al-Anon	Being Part of a Healthy Relationship	D		Salon C	
	ACA	I Can Heal from My Childhood	D		Salon D	
	CMA	Living With the Blinds Open	D	Yes	Michigan	
Saturday 4:15 - 12:00 AM	OPEN	All Programs - Open Space for Holding 12 Step Meetings	D	NA	2nd Floor	
	Recovery	Activities: Photos, Coloring, Games	A	NA	Michigan	
Sunday 8:00 - 8:45 AM	Recovery	Early Risers Morning Meditation	A	Yes	Michigan	
Sunday 9:00 - 9:45 AM	Recovery	Taking TWC 2023 on the Road	D	Yes	Michigan	

** Recommended for the newcomer